

Chicago Area 12-Step Meetings in Jewish Communal Locations—4.15.25

In-Person or Hybrid (all regions welcome)

This list of groups met in Jewish communal locations prior to covid restrictions. **We encourage you to contact the group to ensure this information is current. Please let us know of any updates.** All meetings are ***Closed*** (only for those currently/considering working the program) unless identified as ***Open*** (all are welcome). For more information, for assistance in starting a group, to update meeting information, or to add a group to the list, contact [Beth Fishman PhD](#) at JCFS Chicago addiction services.

ALCOHOLICS ANONYMOUS

Mon - Fri in person 12–1pm

Temple Jeremiah
937 Happ Rd, Northfield
(847) 441-5760

Monday in person 8-9:00 AM

Chabad of Northbrook
2095 Landwehr Road, Northbrook
Meditation and Big Book Study (**Open**)
(248) 346-6874

Wednesday hybrid 6 – 7pm

North Shore Congregation Israel
1185 Sheridan Rd, Glencoe
Family room south end of building
(847) 738-1919
Zoom Meeting ID: 4190351492

Wednesday in person 7-8:00 PM

Chabad of Northbrook
2095 Landwehr Road, Northbrook
Beginners - Steps 1, 2, 3 (**Open**)
(248) 346-6874

Thursday in person 8-9:00 AM

Chabad of Northbrook
2095 Landwehr Road, Northbrook
Big Book Study (**Open**)
(248) 346-6874

Thursday hybrid 8 – 9pm

Cong Beth Shalom Library
772 W. 5th Ave., Naperville

Men's Meeting

Zoom Meeting ID: 446 646 271
Password: 111
Dist 24 hour hotline 630-355-2622

ALL FELLOWSHIPS

Tuesday in person 6 - 7pm

Beginner's Meeting Steps 1 – 4
Tikvah Center for Jewish Recovery & Healing
3320 Dundee Rd, Northbrook

ALATEEN

Tuesday in person 7 – 8pm

Temple Jeremiah
937 Happ Rd., Northfield
(847) 441-5760

AL-ANON

Tuesday in person 10 – 11am

Temple Shalom
3480 N Lake Shore Dr. Chicago
Community room moadan 1st floor
(773) 525-4707

Tuesday in person 7 – 8pm

Temple Jeremiah
937 Happ Rd., Northfield
(847) 441-5760

ALATEEN

Tuesday in person 7 – 8pm

Temple Jeremiah
937 Happ Rd., Northfield
(847) 441-5760

FAMILIES ANONYMOUS

Tuesday hybrid 7:00 – 8:30pm

North Shore Congregation Israel
1185 Sheridan Rd, Glencoe
Family room south end of building
(847) 738-1919
Zoom Meeting ID: 4190351492

Wednesday in person 7-8:30pm

FA Northfield
Temple Jeremiah
937 Happ Rd, Northfield
"Staging Room"
No meeting on major holidays
Carjaz@aol.com 847-721-1951
Open meeting

ZOOM ONLY meetings that had been in-person in Chicago-area Jewish locations

ALCOHOLICS ANONYMOUS

Thursday 7:30 – 8:30pm Central

(was at Chabad of Northbrook)
Big Book Study Meeting
Zoom Meeting ID
<https://us02web.zoom.us/j/8257092495> (847) 687.7067 or
akrontrip@yahoo.com

OVEREATERS ANONYMOUS

Monday 10 – 11am Central

(was at Cong. Beth Shalom)
(847) 343-0818
Zoom meeting ID 348592801
Password: OA

NATIONAL JEWISH ADDICTION RECOVERY GROUPS ON ZOOM

These meetings are for Jewish individuals who identify as being in addiction recovery, including family and friends. There is no fee to participate. They vary in content, style, affinity to the 12-Step model, participants, facilitation, and registration. Meetings are for all Jews in all addiction recovery, including family & friends, unless otherwise specified. Please read each entry carefully, **check the time zone**, and contact the meeting to be sure the information listed is current, as meeting information tends to change often. For more information, to update meeting information, or to add/remove a group, contact [Beth Fishman PhD](mailto:Beth.Fishman@jcfs.org) at JCFS Chicago addiction services.

CCSA* Monthly Siblings Group: 16+ years

<https://www.jewishccsa.org/support-group>

Email Lianne Forman: info@jewishccsa.org

SUNDAY

OJR* The Spiritual Self: Reflections on Recovery and God by Rabbi Abraham Twerski

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

MONDAY

OJR Recovery Torah Study

1:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

OJR Tikkuna Neshama: Women's Recovery Meeting

in partnership with SVIVAH

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

Selah Recovery Chaburah

Facilitated by Jeremy Pool

6 - 7:30pm Eastern

Link to join: <https://www.selahbk.org/groups>

A *chaburah* is a group of friends that comes together to learn from each other and add richness to our experiences through reflection, spiritual elevation, and sharing. Whether you're in the process of overcoming addiction or working through other challenges, this group is for you.

TUESDAY

JCFS Winnipeg Hashivenu Renewal & Recovery

Tuesdays 12 – 1 pm Central

Registration link: <https://forms.office.com/r/jFHhwmDpKs>

Once registered, group guidelines and the zoom link will be emailed to you during business hours. If you do not see an email with this information, please check your junk folder.

JCFS Winnipeg Hashivenu Renewal & Recovery

Tuesdays 12 – 1 pm Central (cont'd)

A virtual, closed, self-help, support and recovery group for all addictions with a Jewish lens. Peer-led with addictions counselor support. We meet you where you are and support both harm reduction and abstinence. Everyone who is thinking of making changes to their substance use or addictive behavior is welcome. Please email ademler@jcfswinnipeg.org for more information and check your spam folder for the registration link if you do not receive it in your inbox.

WEDNESDAY

OJR AA - Style Recovery Meeting

12:00 PM Eastern | 7:00 PM Israel

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

Selah Artists In Recovery Group

Facilitated by Benjamin Litchman

1 - 2pm Eastern

Link to join: <https://www.selahbk.org/groups>

Artists in Recovery offers a weekly sanctuary for creatives to navigate the intersection of artistry and recovery. This group is a collective journey through the challenges and triumphs of creative expression without substance reliance, promoting growth, resilience, and mutual support in a shared space of inspiration and accountability.

OJR ACA (Adult Children of Alcoholics and Dysfunctional Families) - Style Recovery Meeting

7:30 PM Eastern

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

CCSA You Are Not Alone Family and Friends

Every other Wednesday 8:15PM Eastern

<https://www.jewishccsa.org/support-group>

Email Lianne Forman to register: info@jewishccsa.org

NATIONAL JEWISH ADDICTION RECOVERY GROUPS ON ZOOM

These meetings are for Jewish individuals who identify as being in addiction recovery, including family and friends. There is no fee to participate. They vary in content, style, affinity to the 12-Step model, participants, facilitation, and registration. Meetings are for all Jews in all addiction recovery, including family & friends, unless otherwise specified. Please read each entry carefully, **check the time zone**, and contact the meeting to be sure the information listed is current, as meeting information tends to change often. For more information, to update meeting information, or to add/remove a group, contact [Beth Fishman PhD](#) at JCFS Chicago addiction services.

OJR CoDA - Style Recovery Meeting

8:30 PM Eastern

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

JACS Arizona 12 Step style meeting

1st & 3rd Wednesdays 7:30pm Mountain

Email Gary for Zoom link: jacsarizona@gmail.com

Peer-led: A step a month from *12 Jewish Steps to Recovery* and *Recovery from Codependence*.

THURSDAY

Selah Cheshbon HaNefesh Accountability Group

Facilitated by Arielle Krule

6 - 7pm Eastern

Link to join: <https://www.selahbk.org/groups>

Every day, we face thousands of small choices and interactions that inform, challenge, and motivate us. In this weekly group, we'll create a supportive space for people to share their everyday experiences of missteps and successes, fostering personal development and holding a sense of accountability from week to week

OJR On the Derech: A 12 Steps, 12 Traditions

Meeting All Fellowships Welcome

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

OJR Spiritual Healing Circle - monthly

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

SHABBAT: ALL OJR

Click [here](#) to be added to the email list and receive zoom links, updates, and inspiration

Twelve Jewish Steps to Recovery Book Study

in partnership with Temple Beth El of Fort Myers

11:00 AM Eastern | 6:00 PM Israel

Twelve Steps and Torah *in partnership with and sponsored by the Jewish Collaborative of Orange County*
2:00 PM Pacific | 5:00 PM Eastern

Chanting for Recovery Musical Meditations for Inner Peace – monthly

8:00 PM Eastern

*[CCSA](#) = Communities Confronting Substance Use & Addiction

*[OJR](#) = Our Jewish Recovery. Contact rabbiilan@ourjewishrecovery.com for weekly meeting updates.