

Chicago Area 12-Step Meetings in Jewish Communal Locations—1.5.26 In-Person or Hybrid (all regions welcome)

This list of groups met in Jewish communal locations prior to covid restrictions. **We encourage you to contact the group to ensure this information is current. Please let us know of any updates.** All meetings are **Closed** (only for those currently/considering working the program) unless identified as **Open** (all are welcome). For more information, for assistance in starting a group, to update meeting information, or to add a group to the list, contact [Beth Fishman PhD](#) at JCFS Chicago addiction services.

ALCOHOLICS ANONYMOUS

Mon - Fri in person 12-1pm

Temple Jeremiah
937 Happ Rd, Northfield
(847) 441-5760

Monday hybrid (Google Meet) 8-9:00 AM

Wellsprings/Chabad of Northbrook
2095 Landwehr Road, Northbrook
Meditation and Big Book Study (**Open**)
(248) 346-6874

<https://meet.google.com/ozn-khds-wxb>

Wednesday hybrid (Zoom) 6 – 7pm

North Shore Congregation Israel
1185 Sheridan Rd, Glencoe
Family room south end of building
(847) 738-1919
Zoom Meeting ID: 4190351492

Wednesday hybrid (Google Meet) 7-8:00 PM

Wellsprings/Chabad of Northbrook
2095 Landwehr Road, Northbrook
Beginners - Steps 1, 2, 3 (**Open**)
(248) 346-6874

<https://meet.google.com/ozn-khds-wxb>

Thursday hybrid (Google Meet) 8-9:00 AM

Wellsprings/Chabad of Northbrook
2095 Landwehr Road, Northbrook
Big Book Study (**Open**)
(248) 346-6874
<https://meet.google.com/ozn-khds-wxb>

Thursday hybrid (Zoom) 8 – 9pm

Cong Beth Shalom Library
772 W. 5th Ave., Naperville
Men's Meeting
Zoom Meeting ID: 446 646 271
Password: 111
Dist 24 hour hotline 630-355-2622

ALATEEN

Tuesday in person 7 – 8pm

Temple Jeremiah
937 Happ Rd., Northfield
(847) 441-5760

AL-ANON

Tuesday in person 10 – 11am

Temple Sholom
3480 N Lake Shore Dr. Chicago
Community room mordan 1st floor
(773) 525-4707

Tuesday in person 7 – 8pm

Temple Jeremiah
937 Happ Rd., Northfield
(847) 441-5760

FAMILIES ANONYMOUS

Tuesday hybrid (Zoom) 7:00 – 8:30pm

North Shore Congregation Israel
1185 Sheridan Rd, Glencoe
Family room south end of building
(847) 738-1919
Zoom Meeting ID: 4190351492

Wednesday in person 7-8:30pm

FA Northfield
Temple Jeremiah
937 Happ Rd, Northfield
“Staging Room”
No meeting on major holidays
Carjaz@aol.com 847-721-1951
Open meeting

ALL ADDICTION EXPLORATION

Ometz: Recovery Exploration

Sundays bi-weekly (in person) 6 – 7 pm

Sketchpad: 4411 N Ravenswood Ave Ste 300, Chicago

Ring the bell at the door to be buzzed in

Initial registration is required. [Register here](#).

Contact Tim "Amichai" Graves at: timgraves1@gmail.com

Ometz is for Jews seeking a self-directed path to manage or change addictive behaviors. Ometz is peer-led with Certified Professional Recovery Coach support. We meet you where you are and support both harm reduction and abstinence. Everyone who is thinking of making changes to their substance use or addictive behavior is welcome

NATIONAL JEWISH ADDICTION RECOVERY GROUPS ON ZOOM

These meetings are for Jewish individuals who identify as being in addiction recovery, including family and friends. There is no fee to participate. They vary in content, style, affinity to the 12-Step model, participants, facilitation, and registration. Meetings are for all Jews in all addiction recovery, including family & friends, unless otherwise specified. Please read each entry carefully, **check the time zone**, and contact the meeting to be sure the information listed is current, as meeting information tends to change often. For more information, to update meeting information, or to add/remove a group, contact [Beth Fishman PhD](#) at JCFS Chicago addiction services.

SUNDAY

[OJR*](#) The Spiritual Self: Reflections on Recovery and God

by Rabbi Abraham Twerski

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

MONDAY

[OJR](#) Recovery Torah Study

1:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

[OJR](#) Tikkuna Neshama: Women's Recovery Meeting

in partnership with SVIVAH

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

[Selah](#) Recovery Chaburah Drop-in Group

Facilitated by Jeremy Pool

6 - 7:15pm Eastern

Link to join: <https://14yselah.org/groups>

A *chaburah* is a group of friends that comes together to learn from each other and add richness to our experiences through reflection, spiritual elevation, and sharing. Whether you're in the process of overcoming addiction or working through other challenges, this group is for you.

[CCSA](#) Israel-based Family Support Group (in English)

Every other Monday 8pm Eastern

Our Israel-based support group offers a safe space where you can connect and share with others facing similar challenges.

Whether you're a parent, sibling, spouse, or other family member, you'll find understanding, compassion, and the opportunity to find strength in community.

To join: CCSA@ohelfamily.org

TUESDAY

[JCFS Winnipeg](#) Hashivenu Renewal & Recovery

Tuesdays 12 – 1 pm Central

To register: Sadie Silverstein at ssilverstein@jcfswinnipeg.org

Once registered, group guidelines and the zoom link will be emailed to you during business hours. If you do not see an email with this information, please check your junk folder.

A virtual, closed, self-help, support and recovery group for all addictions with a Jewish lens. Peer-led with addictions counselor support. We meet you where you are and support both harm reduction and abstinence. Everyone who is thinking of making changes to their substance use or addictive behavior is welcome.

WEDNESDAY

[OJR AA](#) - Style Recovery Meeting

12:00 PM Eastern | 7:00 PM Israel

Click [here](#) to be added to the email list and receive zoom link

[Selah](#) Artists In Recovery Drop-in Group

Facilitated by Benjamin Litchman

1 - 2pm Eastern

Link to join: <https://14yselah.org/groups>

Artists in Recovery offers a weekly sanctuary for creatives to navigate the intersection of artistry and recovery. This group is a collective journey through the challenges and triumphs of creative expression without substance reliance, promoting growth, resilience, and mutual support in a shared space of inspiration and accountability.

[Selah](#) Studio Selah Drop-in Group

Facilitated by Rabbi Alon C Ferency

7 - 8PM Eastern

Link to join: <https://14yselah.org/groups>

A weekly spiritual practice for presence, creativity, and connection. Studio Selah blends mindfulness, Jewish wisdom, and creative expression in a recovery-informed space. Through journaling, ritual, and reflection, participants explore themes of healing, imagination, and sacred storytelling. Whether you're an artist, seeker, or simply curious, Studio Selah offers a gentle, structured space to show up as you are and leave more connected to yourself, your community, and your truth.

[OJR ACA](#) (Adult Children of Alcoholics and Dysfunctional Families) - Style Recovery Meeting

7:30 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

[CCSA](#) Support Group for Young People with Loved Ones

Affected by Addiction

Monthly on Wednesdays 8pm Eastern

Whether you are a sibling, child, friend, or family member of someone struggling, join us to connect, share, and find support with others who understand.

To join: CCSA@ohelfamily.org

[CCSA](#) Family Support Group

Every other Wednesday 8:15PM Eastern

Peer-to-peer support group facilitated by professionals for parents, spouses, siblings, children – anyone with a family member who is struggling with substance use or addiction.

Email to join: CCSA@ohelfamily.org

NATIONAL JEWISH ADDICTION RECOVERY GROUPS ON ZOOM

These meetings are for Jewish individuals who identify as being in addiction recovery, including family and friends. There is no fee to participate. They vary in content, style, affinity to the 12-Step model, participants, facilitation, and registration. Meetings are for all Jews in all addiction recovery, including family & friends, unless otherwise specified. Please read each entry carefully, **check the time zone**, and contact the meeting to be sure the information listed is current, as meeting information tends to change often. For more information, to update meeting information, or to add/remove a group, contact [Beth Fishman PhD](#) at JCFS Chicago addiction services.

WEDNESDAY (continued)

[OJR](#) CoDA - Style Recovery Meeting

8:30 PM Eastern

Click [here](#) to be added to the email list and receive zoom links

[JACS](#) Arizona 12 Step-style meeting

1st & 3rd Wednesdays 7:30 – 8:30pm Mountain

Email Gary for Zoom link: jacsarizona@gmail.com

Peer-led: A step a month from *12 Jewish Steps to Recovery and Recovery from Codependence*.

THURSDAY

[Selah](#) Cheshbon HaNefesh Accountability Drop-in Group

6 - 7pm Eastern *Facilitated by Jeremy Poole*

Link to join: <https://14yselah.org/groups>

Every day, we face thousands of small choices and interactions that inform, challenge, and motivate us. In this weekly group, we'll create a supportive space for people to share their everyday experiences of missteps and successes, fostering personal development and holding a sense of accountability from week to week.

[OJR](#) AA-Style Recovery Meeting

12:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

[OJR](#) On the Derech: A 12 Steps, 12 Traditions Meeting

All Fellowships Welcome

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

[OJR](#) Spiritual Healing Circle - monthly

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

SHABBAT/SATURDAY: ALL OJR

Click [here](#) to be added to the email list and receive zoom link

Twelve Jewish Steps to Recovery Book Study

in partnership with Temple Beth El of Fort Myers

11:00 AM Eastern

Twelve Steps and Torah *in partnership with and sponsored by the Jewish Collaborative of Orange County*

2:00 PM Pacific | 5:00 PM Eastern

Chanting for Recovery Musical Meditations for Inner

Peace – monthly

8:00 PM Eastern

*[CCSA](#) = Communities Confronting Substance Use & Addiction

*[OJR](#) = Our Jewish Recovery. Contact rabbilan@ourjewishrecovery.com for weekly meeting updates.