



CARING FOR OUR COMMUNITY

JCFS Chicago offers trainings to enhance wellness and care for the ill, frail and lonely and to connect with community members during challenging times. Grounded in the ancient Jewish traditions of Bikur Cholim (Visiting the Sick) and Gemillut Chasadim (Acts of Loving Kindness), our programs can help you reach out to people in your community.

CARING CONVERSATIONS (60-90 MINUTES)

- Brief study of two key Torah texts
- Role play of a phone visit
- Tips for preparing a script and for caller reactions
- How to screen for more serious issues

INTERACTIVE TRAINING (3 HOURS | INCLUDES ALL OF THE ABOVE PLUS)

- Deep dive into several essential Torah texts
- The nuts and bolts of an in-person visit
- Exercises in Empathetic listening
- Role play by the participants

EXPERIENTIAL TRAINING (6 HOURS | INCLUDES ALL OF THE ABOVE PLUS)

- Additional skill building exercises for phone calls and in-person visits
- More in-depth role play by the participants
- An informative video on visitation by award winning director Murray Nossel featuring Elie Wiesel, Tzvi Blanchard and the Klezmatics, which includes multiple examples of visits

ADDITIONAL INFORMATION

- All trainings are presented by a rabbi and social worker
- Trainings can be offered via Zoom
- Sessions can be offered to Synagogue Caring, Chesed, Bikur Cholim committees and other groups (can be customized based on the needs of the group)
- Consultations available about post-call/visit follow-up and organizational structure

CONTACT

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