

## **Jewish Recovery Resource Materials**

Organizations and individuals can bring awareness to Jewish recovery with a tabled display of resources and by posting resource links from the JCFS Chicago Serenity Shabbat Resource <u>webpage</u> on personal and congregational websites. JCFS Chicago addiction services is happy to make hard copies of materials available, including the <u>current list</u> of local recovery support meetings in Jewish spaces and national online meetings by and for the Jewish community, the *T'filat haShalvah/*the Serenity Prayer in Hebrew and English, and the JCFS Chicago booklet titled <u>Jewish Prayers and Practices for Your 12 Step Journey</u>.

## **Jewish Addiction Recovery Resources and Websites**

<u>JCFS Chicago addiction services</u> supports individuals and families struggling with or in recovery from addiction and works with Jewish communal organizations to create compassionate responses to addiction's many challenges. Online resources for a national audience include our <u>Serenity Shabbat</u> and <u>High Holiday Recovery</u> Guides and the national Addiction Recovery Meeting List.

<u>JCFS Chicago Addiction Recovery Meeting List</u> Is updated quarterly to provide Jews around the US with peer-support and facilitated recovery resources in Jewish locations or by and for the Jewish community.

<u>Beit T'Shuvah</u> is a residential addiction treatment center based in the Los Angeles area and serving individuals from all regions that saves lives through a comprehensive program of Jewish spirituality, psychotherapy, and the 12-Steps.

<u>Communities Confronting Substance Use & Addiction (CCSA)</u> at Ohel in New York aims to eliminate the stigma around substance use and addiction in the Jewish community. CCSA offers online facilitated support groups for those impacted by a loved one's addiction. Online groups are available in the US and Israel.

Our Jewish Recovery (OJR) is an online community supporting Jews in recovery from any and all addictions and their loved ones. Multiple online peer support groups are offered as well as annual online retreats and special events.

**14Y Selah** is a NYC-based "participation-celebrated, perfection-averse, everyone-welcome community of people in recovery and recovery-curious, grounded in Jewish tradition. Selah has several online groups open to Jews in recovery from any location.

Recovery From Addiction Birthright Israel Trips The Recovery trip aims to reconnect young people in recovery or impacted by an addiction with their Jewish heritage and reclaim their role as active members in the Jewish community. In addition to all the traditional highlights and sightseeing, participants will also meet Israelis from different fellowships.

<u>Tikvah Center for Jewish Recovery and Healing</u> is a non-profit Jewish addiction treatment center in the Greater Chicago area. Individuals from all regions are welcomed as clients. Evidence-based practices using Jewish integrated addiction counseling are offered in a Jewish environment that promotes lasting recovery. Intensive Outpatient and Partial Hospitalization services are offered, along with a variety of professionally facilitated recovery groups.