

Bereavement Bibliography

Jewish Focused

Amen: Seeking Presence with Prayer, Poetry, and Mindfulness Practice
Kedar, Rabbi Karen, CCAR. March 2020

Does the Soul Survive? A Jewish Journey to Belief in Afterlife, Past Lives & Living with Purpose
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Grief in Our Seasons: A Mourner's Kaddish Companion
Olitzky, Rabbi Kerry M., Jewish Lights Publishing. 1998

Jewish Prayers of Hope and Healing
Solovy, Alden, Kavanot Press. 2013

The Jewish Way in Death and Mourning
Lamm, Maurice, Jonathan David Publishers Inc. 2000

Mourning & Mitzvah: A Guided Journal for Walking the Mourner's Path Through Grief to Healing
Brener, Rabbi Anne, Jewish Lights Publishing. 2017

Talking to God: Personal Prayers for Times of Joy, Sadness, Struggle and Celebration
Levy, Rabbi Naomi, Knopf. 2003

A Time to Mourn, A Time to Comfort
Wolfson, Ron, Jewish Lights Publishing. 1993

To Walk in God's Ways: Jewish Pastoral Perspectives on Illness and Bereavement
Ozarowski, Dr. Joseph S., Rabbi, Jason Aaronson. 1995.

General Loss

Healing After Loss: Daily Meditations For Working Through Grief
Hickman, Martha, William Morrow, 2002

How To Go On Living When Someone You Love Dies
Rando, Therese, Bantam Books. 1991

I Wasn't Ready to Say Goodbye: Surviving, Coping & Healing After the Sudden Death of a Loved One.
Noel, Brook and Pamela D. Blair, Sourcebooks. 2018

It's OK That You're Not OK: Meeting Grief and Loss in a Culture That Doesn't Understand
Devine, Megan, Sounds True, 2017

Spouse or Partner Loss

Healing a Spouse's Grieving Heart: 100 Practical Ideas After a Husband or Wife Dies

Wolfelt, Alan D, Companion Press. 2003

The Year of Magical Thinking

Didion, Joan, Vintage International, 2007

Parent Loss

Healing the Adult Child's Grieving Heart: 100 Practical Ideas After Your Parent Dies

Wolfelt, Alan D., Companion Press. 2002

The Orphaned Adult: Understanding and Coping with Grief and Change After the Death of Our Parents.

Levy, Alexander. Perseus Publishing. 1999

Child Loss

A Broken Heart Still Beats: After Your Child Dies

McCracken, Ann and Mary Semel, Hazelden. 2000

Beyond Tears: Living after Losing a Child

Barkin, Mitchell and Carol et al., St. Martin Press. 2009

Sibling Loss

The Empty Room: Understanding Sibling Loss

DeVita-Raeburn, Elizabeth, Scribner. 2007

Surviving the Death of a Sibling: Living Through Grief When an Adult Brother or Sister Dies

Wray, T.J., Three Rivers Press. 2003

Suicide Loss

Grief After Suicide: Understanding the Consequences and Caring for the Survivors

Jordon, John and John McIntosh, Routledge Taylor and Francis Group. 2011

Life After Suicide: Finding Courage Comfort and Community After Unthinkable Loss

Ashton, Jennifer, Harper Collins. 2019

Please contact [Marsha Raynes](#), JCFS Program Manager, Bereavement Support, for a more comprehensive list of books and other resources.