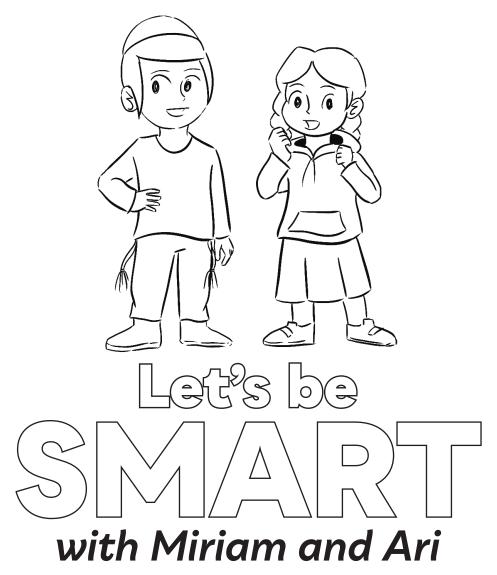


JCFS ACHICAGO



S: Seek Safe Helpers M: Make the Uh Oh Feeling Matter A: Ask First R: Respect Your Body T: Tell a Trusted Adult