



Sample Serenity Shabbat E-Blast for Synagogues

This Shabbat *Naso* (10 & 11 June 2022/11 *Sivan* 5752) synagogues as well as individuals and families across Chicagoland will participate in Serenity Shabbat. Serenity Shabbat is a community-wide celebration of the blessings of addiction recovery and Shabbat. We recognize that addiction is a disease that has touched our Jewish community and we stand together with the individuals and families who are struggling and who are in addiction recovery. In recognition that recovery is possible, we will be *(add text reflecting your congregation's Serenity Shabbat activities, e.g., making kiddush with grape juice instead of wine on Serenity Shabbat)*. We have invited *(insert name of community member in recovery)* as a guest speaker talking about their journey in recovery to speak and will include a special *refuah shleimah* for people and families impacted by addiction and remember those who died as a result of the disease of addiction.



Serenity Shabbat Sample Flyer

{Name of synagogue} joins

JCFS Chicago and the Chicago Board of Rabbis

in presenting

Serenity Shabbat

A Community-Wide Celebration of the Blessings of Addiction Recovery & Shabbat

On *Parshat Naso* we will join congregations around Chicagoland in a Shabbat devoted to awareness of addiction and recovery in Chicago's Jewish community. At [name of synagogue] we will [insert activities the synagogue will be engaging in for Serenity Shabbat]

Please join us!

Parshat Naso May 21 & 22 /11 Sivan

For more information:

[link to synagogue webpage with Serenity Shabbat information]

[link to JCFS Chicago Serenity Shabbat webpage]

Or contact Beth Fishman, Program Manager, JCFS Chicago at bethfishman@jcfs.org

[insert name of synagogue, address etc and logo]