



## **Jewish Recovery Resource Materials**

A Jewish recovery resources table is another way to raise awareness and help celebrate Jews in recovery and support individuals and families struggling with addiction. It is recommended to have a Jewish recovery resources table located prominently throughout Serenity Shabbat, and to also post links on your congregational website to the many resources available in the Resources section on the JCFS Chicago/CBR Serenity Shabbat webpage, Please contact JCFS Chicago addiction services for hard copies of the current list of 12-Step meetings in Jewish spaces (including those that have remained virtual or are hybrid), the *T'filat haShalvah*/the Serenity Prayer in Hebrew and in English, and the JCFS Chicago pamphlet on Jewish prayers and practices for addiction recovery.

## **Jewish Addiction Recovery Websites**

### **JCFS Chicago addiction services**

JCFS Chicago addiction services supports individuals and families struggling with or in recovery from addiction and works with the Jewish community to create compassionate responses to addiction's many challenges.

<https://www.jcfs.org/our-services/jewish-community-programs/addiction-substance-abuse>

### **12-Step Online Meeting List**

These meetings took place in Chicago area Jewish locations such as synagogues and other communal buildings prior to covid restrictions. Some have returned in person, some remain virtual, and others are now hybrid. The meeting list updates as needed.

<https://www.jcfs.org/our-services/jewish-community-programs/addiction-substance-abuse/locations>

### **Beit T'Shuvah**

*Beit T'Shuvah* is a residential addiction treatment center that saves lives through a comprehensive program of Jewish spirituality, psychotherapy, and the 12-Steps.

<https://beittshuvah.org/>



### **JAAN Jewish Addiction Awareness Network**

Jewish Addiction Awareness Network's comprehensive resource website is a place for information and connection, featuring many voices sharing Jewish perspectives on addiction and recovery.

<https://jaanetwork.org/>

### **JCSRecovery and JACS**

JCSRecovery (Jewish Community Services Recovery) is part of the Jewish Board of Family and Children Services in New York City. It is an expansion of the JACS program, which is now under the umbrella of these services. JCSRecovery is founded on the principles of the 12 Steps, Jewish Recovery, and social work practices (including harm reduction) with three sets of resources: Support Groups, Meetings, and Workshops.

<https://jewishboard.org/listing/jewish-alcoholics-chemically-dependent-persons-and-significant-others-jacs/>

### **Our Jewish Recovery**

*Our Jewish Recovery* exists to support Jews in recovery from any and all addictions and their loved ones, and to help us all find experience, strength, and hope.

[www.ourjewishrecovery.com](http://www.ourjewishrecovery.com)

### **Sober Birthright Trips**

*Sober Birthright Israel* is a trip for 20 - 32 year olds in recovery or impacted by addiction. Sober Birthright Israel trips are specifically designed with support in a safe environment.

<https://www.israelfreespirit.com/trip/jacs/>