

You Are The Worst!

Support for parents of teens

Join us in exploring these and other questions.

- What's normal adolescent behavior?
- Why is my child so grumpy and distant?
- When do I intervene and when do I back off??

Learn, share, get some help!!

Each session will have a specific theme, as well as

incorporate the needs of parents attending.

For more info or to schedule an intake, please call Liz Ellis at 773-516-5508 or email elizabethellis@jcfs.org

One-stop, toll-free access for help. Call 855-ASK-JCFS (855- 275-5237), email <u>ask@jcfs.org</u> or visit **jcfs.org**.

Response is a program of Jewish Child & Family Services, a partner in serving our community, supported by the Jewish United Fund/Jewish Federation.

Parents will:

- Have a safe space to air concerns
- Discuss current trends
- Get tools for connecting with your teens

Group meets second Tuesday of the month at 6:30PM, beginning Nov. 14th, 2017 and ending May 8th, 2018

This is a drop-in group, you are welcome to join at any time!
Each session will cost \$30.

Contact Us!

Response

Center

3033 W Touhy AV Chicago II 60659 **847-676-0078**

responsecenter.org

