

**Chicago Area 12-Step Meetings in Jewish Communal Locations—11.26.25**  
**In-Person or Hybrid (all regions welcome)**

This list of groups met in Jewish communal locations prior to covid restrictions. **We encourage you to contact the group to ensure this information is current. Please let us know of any updates.** All meetings are **Closed** (only for those currently/considering working the program) unless identified as **Open** (all are welcome). For more information, for assistance in starting a group, to update meeting information, or to add a group to the list, contact [Beth Fishman PhD](#) at JCFS Chicago addiction services.

**ALCOHOLICS ANONYMOUS**

**Mon - Fri in person 12–1pm**

Temple Jeremiah  
937 Happ Rd, Northfield  
(847) 441-5760

**Monday hybrid (Google Meet) 8-9:00 AM**

Wellsprings/Chabad of Northbrook  
2095 Landwehr Road, Northbrook  
Meditation and Big Book Study (**Open**)  
(248) 346-6874

<https://meet.google.com/ozn-khds-wxb>

**Wednesday hybrid (Zoom) 6 – 7pm**

North Shore Congregation Israel  
1185 Sheridan Rd, Glencoe  
Family room south end of building  
(847) 738-1919  
Zoom Meeting ID: 4190351492

**Wednesday hybrid (Google Meet) 7-8:00 PM**

Wellsprings/Chabad of Northbrook  
2095 Landwehr Road, Northbrook  
Beginners - Steps 1, 2, 3 (**Open**)  
(248) 346-6874  
<https://meet.google.com/ozn-khds-wxb>

**Thursday hybrid (Google Meet) 8-9:00 AM**

Wellsprings/Chabad of Northbrook  
2095 Landwehr Road, Northbrook  
Big Book Study (**Open**)  
(248) 346-6874  
<https://meet.google.com/ozn-khds-wxb>

**Thursday hybrid (Zoom) 8 – 9pm**

Cong Beth Shalom Library  
772 W. 5th Ave., Naperville  
**Men's Meeting**  
Zoom Meeting ID: 446 646 271  
Password: 111  
Dist 24 hour hotline 630-355-2622

**ALATEEN**

**Tuesday in person 7 – 8pm**

Temple Jeremiah  
937 Happ Rd., Northfield  
(847) 441-5760

**AL-ANON**

**Tuesday in person 10 – 11am**

Temple Sholom  
3480 N Lake Shore Dr. Chicago  
Community room moadan 1st floor  
(773) 525-4707

**Tuesday in person 7 – 8pm**

Temple Jeremiah  
937 Happ Rd., Northfield  
(847) 441-5760

**FAMILIES ANONYMOUS**

**Tuesday hybrid (Zoom) 7:00 – 8:30pm**

North Shore Congregation Israel  
1185 Sheridan Rd, Glencoe  
Family room south end of building  
(847) 738-1919  
Zoom Meeting ID: 4190351492

**Wednesday in person 7-8:30pm**

FA Northfield  
Temple Jeremiah  
937 Happ Rd, Northfield  
“Staging Room”  
No meeting on major holidays  
[Carjaz@aol.com](mailto:Carjaz@aol.com) 847-721-1951  
**Open meeting**

**ALL ADDICTION CONCERNS**

**Ometz: Recovery Exploration**

**Sundays bi-weekly (in person) 6 – 7 pm**

Mishkan Chicago Maggie's Place  
4001 N Ravenswood Ave #101, Chicago

*Initial registration is required. [Register here.](#)*

*Contact Tim "Amichai" Graves at: [timgraves1@gmail.com](mailto:timgraves1@gmail.com)*

Ometz is for Jews seeking a self-directed path to manage or change addictive behaviors. Ometz is peer-led with Certified Professional Recovery Coach support. We meet you where you are and support both harm reduction and abstinence. Everyone who is thinking of making changes to their substance use or addictive behavior is welcome

## NATIONAL JEWISH ADDICTION RECOVERY GROUPS ON ZOOM

These meetings are for Jewish individuals who identify as being in addiction recovery, including family and friends. There is no fee to participate. They vary in content, style, affinity to the 12-Step model, participants, facilitation, and registration. Meetings are for all Jews in all addiction recovery, including family & friends, unless otherwise specified. Please read each entry carefully, **check the time zone**, and contact the meeting to be sure the information listed is current, as meeting information tends to change often. For more information, to update meeting information, or to add/remove a group, contact [Beth Fishman PhD](#) at JCFS Chicago addiction services.

### **SUNDAY**

#### **OJR\* The Spiritual Self: Reflections on Recovery and God by Rabbi Abraham Twerski**

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

### **MONDAY**

#### **OJR Recovery Torah Study**

1:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

#### **OJR Tikkuna Neshama: Women's Recovery Meeting**

*in partnership with SVIVAH*

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

#### **Selah Recovery Chaburah Drop-in Group**

*Facilitated by Jeremy Pool*

6 - 7:15pm Eastern

Link to join: <https://14yselah.org/groups>

A *chaburah* is a group of friends that comes together to learn from each other and add richness to our experiences through reflection, spiritual elevation, and sharing. Whether you're in the process of overcoming addiction or working through other challenges, this group is for you.

#### **CCSA Israel-based Family Support Group (in English)**

Every other Monday 8pm Eastern

Our Israel-based support group offers a safe space where you can connect and share with others facing similar challenges.

Whether you're a parent, sibling, spouse, or other family member, you'll find understanding, compassion, and the opportunity to find strength in community.

To join: [CCSA@ohelfamily.org](mailto:CCSA@ohelfamily.org)

### **TUESDAY**

#### **JCFS Winnipeg Hashivenu Renewal & Recovery**

Tuesdays 12 – 1 pm Central

To register: Sadie Silverstein at [ssilverstein@jcfswinnipeg.org](mailto:ssilverstein@jcfswinnipeg.org)  
*Once registered, group guidelines and the zoom link will be emailed to you during business hours. If you do not see an email with this information, please check your junk folder.*

A virtual, closed, self-help, support and recovery group for all addictions with a Jewish lens. Peer-led with addictions counselor support. We meet you where you are and support both harm reduction and abstinence. Everyone who is thinking of making changes to their substance use or addictive behavior is welcome.

### **WEDNESDAY**

#### **OJR AA - Style Recovery Meeting**

12:00 PM Eastern | 7:00 PM Israel

Click [here](#) to be added to the email list and receive zoom link

#### **Selah Artists In Recovery Drop-in Group**

*Facilitated by Benjamin Litchman*

1 - 2pm Eastern

Link to join: <https://14yselah.org/groups>

Artists in Recovery offers a weekly sanctuary for creatives to navigate the intersection of artistry and recovery. This group is a collective journey through the challenges and triumphs of creative expression without substance reliance, promoting growth, resilience, and mutual support in a shared space of inspiration and accountability.

#### **Selah Studio Selah Drop-in Group**

*Facilitated by Rabbi Alon C Ferency*

7 - 8PM Eastern

Link to join: <https://14yselah.org/groups>

A weekly spiritual practice for presence, creativity, and connection. Studio Selah blends mindfulness, Jewish wisdom, and creative expression in a recovery-informed space. Through journaling, ritual, and reflection, participants explore themes of healing, imagination, and sacred storytelling. Whether you're an artist, seeker, or simply curious, Studio Selah offers a gentle, structured space to show up as you are and leave more connected to yourself, your community, and your truth.

#### **OJR ACA (Adult Children of Alcoholics and Dysfunctional Families) - Style Recovery Meeting**

7:30 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

#### **CCSA Support Group for Young People with Loved Ones Affected by Addiction**

Monthly on Wednesdays 8pm Eastern

Whether you are a sibling, child, friend, or family member of someone struggling, join us to connect, share, and find support with others who understand.

To join: [CCSA@ohelfamily.org](mailto:CCSA@ohelfamily.org)

#### **CCSA Family Support Group**

Every other Wednesday 8:15PM Eastern

Peer-to-peer support group facilitated by professionals for parents, spouses, siblings, children – anyone with a family member who is struggling with substance use or addiction.

Email to join: [CCSA@ohelfamily.org](mailto:CCSA@ohelfamily.org)

## **NATIONAL JEWISH ADDICTION RECOVERY GROUPS ON ZOOM**

These meetings are for Jewish individuals who identify as being in addiction recovery, including family and friends. There is no fee to participate. They vary in content, style, affinity to the 12-Step model, participants, facilitation, and registration. Meetings are for all Jews in all addiction recovery, including family & friends, unless otherwise specified. Please read each entry carefully, **check the time zone**, and contact the meeting to be sure the information listed is current, as meeting information tends to change often. For more information, to update meeting information, or to add/remove a group, contact [Beth Fishman PhD](#) at JCFS Chicago addiction services.

### **WEDNESDAY (continued)**

#### **OJR CoDA - Style Recovery Meeting**

8:30 PM Eastern

Click [here](#) to be added to the email list and receive zoom links

#### **JACS Arizona 12 Step-style meeting**

1st & 3rd Wednesdays 7:30 – 8:30pm Mountain

Email Gary for Zoom link: [jacsarizona@gmail.com](mailto:jacsarizona@gmail.com)

Peer-led: A step a month from *12 Jewish Steps to Recovery* and *Recovery from Codependence*.

### **THURSDAY**

#### **Selah Cheshbon HaNefesh Accountability Drop-in Group**

6 - 7pm Eastern *Facilitated by Jeremy Poole*

Link to join: <https://14yselah.org/groups>

Every day, we face thousands of small choices and interactions that inform, challenge, and motivate us. In this weekly group, we'll create a supportive space for people to share their everyday experiences of missteps and successes, fostering personal development and holding a sense of accountability from week to week.

#### **OJR AA-Style Recovery Meeting**

12:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

#### **OJR On the Derech: A 12 Steps, 12 Traditions Meeting**

*All Fellowships Welcome*

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

#### **OJR Spiritual Healing Circle - monthly**

7:00 PM Eastern

Click [here](#) to be added to the email list and receive zoom link

### **SHABBAT/SATURDAY: ALL OJR**

Click [here](#) to be added to the email list and receive zoom link

#### **Twelve Jewish Steps to Recovery Book Study**

*in partnership with Temple Beth El of Fort Myers*

11:00 AM Eastern

**Twelve Steps and Torah** *in partnership with and sponsored by the Jewish Collaborative of Orange County*

2:00 PM Pacific | 5:00 PM Eastern

#### **Chanting for Recovery Musical Meditations for Inner**

**Peace** – monthly

8:00 PM Eastern

\*[CCSA](#) = Communities Confronting Substance Use & Addiction

\*[OJR](#) = Our Jewish Recovery. Contact [rabiilana@ourjewishrecovery.com](mailto:rabiilana@ourjewishrecovery.com) for weekly meeting updates.