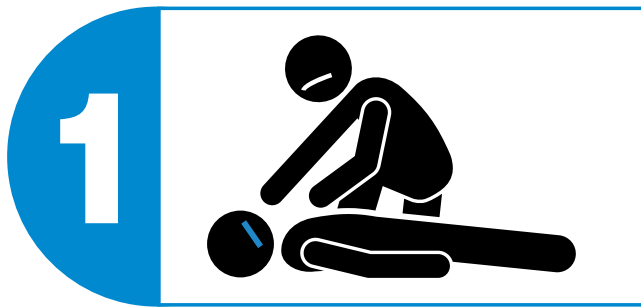


OVERDOSE RESPONSE



CHECK FOR SIGNS

- Blue lips or nails
- Breathing: slow, shallow, or stopped
- Skin: cold, clammy
- Unresponsive

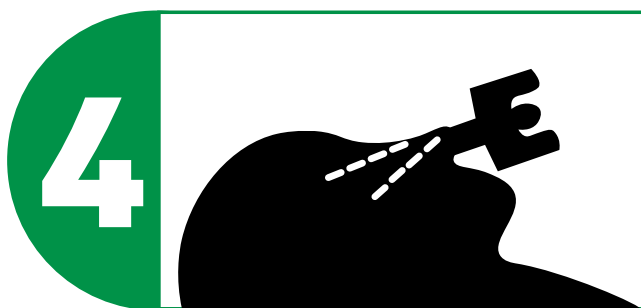


TRY TO REVIVE

- SHAKE and SHOUT: Are you ok??
Can you hear me??
- Sternum rub: Firmly rub your knuckles into center of the person's chest



CALL 911 IMMEDIATELY



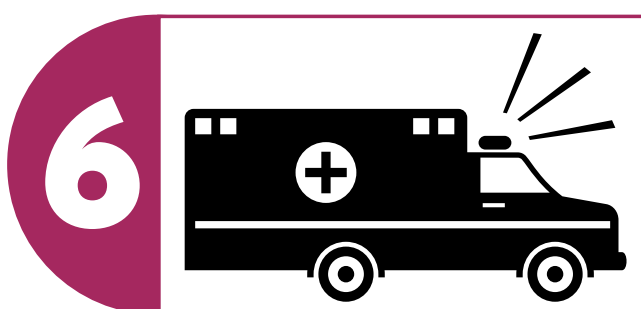
GIVE NARCAN (NALOXONE)

- Open one package
- Spray into one nostril
- Repeat in 2 minutes if the person doesn't respond



PUT IN RECOVERY POSITION

Place the person on their side with legs bent and head resting on their arms



STAY

until medical help arrives



For more information about resources and support, call 855.275.5237 or email Ask@JCFS.org.

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